

BEST BEGINNINGS: CARBON COUNTY PUBLIC HEALTH

BEST BEGINNINGS
Carbon County Public
Health
215 W Buffalo, Rawlins

Please call :
307-328-2660 to
Register for class

Fax: 307-328-2602
Email:

ranaejohnston@carbonwy.com

Love & Logic Parenting Classes

LEARN MORE



Classes will be offered and made available, according to Facilitators availability and by request. Available by Group Class Setting or 1:1

Must attend all classes to complete the course and receive a certificate.

\$15 Donation Fee is encouraged to help cover class materials.

Class will be held at the Public Health Classroom, or at a location of your choice

TWO CLASS OPTIONS:

- ◆ Parenting the Love and Logic Way – any age
- ◆ Love and Logic- Early Childhood Parenting Made Fun– 0-6yo

Facilitated by: Ranae Johnston, RN, Independent Facilitator

ABOUT LOVE AND LOGIC:

Love and Logic– Early Childhood Parenting Made Fun: ages 0-6yo

Teach Parents how to:

- Happy, fun-loving families
- Toddlers who go to bed the first time
- Tots who learn that whining and arguing do not work
- Meals without battles
- Discipline without losing love
- Great comebacks for parents
- Kids that grow into safe, smart, confident teens

And much more!

Parenting the Love and Logic Way: All Ages

Teach Parents how to:

- Avoid un-winnable power-struggles and arguments
 - Stay calm when their kids do incredibly upsetting things
 - Set enforceable limits
 - Avoid enabling and begin empowering
 - Help their kids learn from mistakes rather than repeating them
 - Raise kids who are family members rather than dictators
- And much more!*